### Strategies, Actions and Key Partners

**Indicator 15.a:** Reduce the percentage of adults (age 18 and older) who report binge drinking in the past 30 days (based on the following criteria: 5 or more alcoholic drinks for men on one occasion; 4 or more alcoholic drinks for women on one occasion) to 20% by 2020.

<table>
<thead>
<tr>
<th>Strategy 1 Adults</th>
<th>Provide electronic screening and brief intervention and referral to treatment (SBIRT) in certain healthcare settings throughout Alaska. SBIRT is an approach to identify and intervene early for substance misuse.</th>
</tr>
</thead>
</table>
| **S-1 Action 1** | Promote SBIRT training for health care professionals  
• Prepare Alaska’s workforce to provide early identification and intervention for substance misuse through SBIRT training and practice  
• Reduce the health consequences of substance use and abuse  
• Train diverse healthcare professionals including the Alaska Family Medicine Residency, participants and students enrolled in UAA’s Nursing, Social Work, and Psychology Programs |
| **Key Partners** | University of Alaska Anchorage, Center for Behavioral Health Research and Services |

**Also recommended but not currently funded:**

Incentivize and promote SBIRT screening in all Alaskan physician offices and outpatient hospitals.

<table>
<thead>
<tr>
<th>Strategy 2</th>
<th>Fund Strategic Prevention Framework Grants that address local needs and reduce substance abuse problems.</th>
</tr>
</thead>
</table>
| **S-2 Action 1** | The State of Alaska Department of Behavioral Health has a Strategic Prevention Framework Prevention Grant Program with the following goals:  
• Enhance community capacity to connect individuals to needed behavioral health interventions or services in a timely manner  
• Increase community readiness to prevent behavioral health conditions including substance abuse, suicide and poor mental health  
• Increase community ability to understand and address behavioral health conditions they identify through data driven decision making |
| **Key Partners** | Alaska Dept. of Health and Social Services (DHSS), Behavioral Health |
Also recommended but not currently funded:

**Strategy:** Expand therapeutic courts that provide treatment programs in place of incarceration for certain alcohol-related offenses throughout Alaska.

Therapeutic courts in Alaska include:
- Anchorage and Fairbanks Wellness Courts
- Bethel, Juneau, Ketchikan, Therapeutic Courts
- Palmer and Juneau Mental Health Courts
- Fairbanks Juvenile Treatment Court

These courts should be expanded so that every community in Alaska has access to this type of alternative justice model.

**Indicator 15.b:** Reduce the percentage of **adolescents** (high school students in grades 9-12) who report binge drinking in the past 30 days (based on the following criteria: 5 or more alcoholic drinks in a row within a couple of hours, at least once in the past 30 days) to 17% by 2020.

<table>
<thead>
<tr>
<th>Strategy 1 Adolescents</th>
<th>Provide the <em>Prime for Life</em> curriculum for alternative high school students, Job Corps participants, and youth caught with alcohol or any illegal substance.</th>
</tr>
</thead>
<tbody>
<tr>
<td>S-1 Action 1</td>
<td>A collaboration of the Anchorage School District, Boys and Girls Clubs Alaska and Volunteers of America’s Prevention and Intervention Services offers this program to students with first time alcohol or other drug-related infractions from an Anchorage school. The students are referred to this 5-day alternative-to-suspension course.</td>
</tr>
<tr>
<td>Key Partners</td>
<td>Volunteers of America - Alaska, Prevention Services</td>
</tr>
</tbody>
</table>

Also recommended but not currently funded:

Spread *Prime for Life* throughout the State via collaboration with the VOA, State of Alaska Alcohol Safety Action Program (ASAP), the State Department of Education and Early Development, and the Alaska Job Corps.

<table>
<thead>
<tr>
<th>Strategy 2</th>
<th>Conduct a positive community norms focused media campaign to promote attitude and behavior change around alcohol use among youth.</th>
</tr>
</thead>
<tbody>
<tr>
<td>S-2 Action 1</td>
<td><strong>Utilize the Alaska Wellness Coalition Media Campaign,</strong> a statewide partnership working with local coalitions throughout the state to reduce underage drinking. The goal is to conduct a coordinated campaign to reduce underage drinking that accounts for messages and efforts at the local, state, and federal level. Each coalition involved in this partnership is implementing a strength-based approach utilizing the Positive Community Norms model in their community. For the collaborative statewide project, Recover Alaska is focusing on making systems, policy, statutory and practice changes that will lead to long-term improvements in reducing harm caused by alcohol use.</td>
</tr>
</tbody>
</table>

July 2015
### Key Partners

- Alaska Wellness Coalition
- Recover Alaska

### Strategy 3

**Increase children’s social and emotional learning through adopting formal standards and curricula for schools in Alaska.**

- Anchorage Youth Development Coalition has conducted social emotional learning (SEL) informational/educational training sessions with its youth serving agency members. The goal is to expand this project if additional funding can be secured. Additionally, the Anchorage School District has institutionalized SEL through formal learning standards and curriculum.

**S-3 Action 1**

- Alaska Initiative for Community Engagement
- United Way of Anchorage - Anchorage Youth Development Coalition

**Also recommended but not currently funded:**

Require high quality social and emotional learning standards for all public schools in Alaska.